



White Crane Express Box Lunch Delivery

Welcome back! This year we are starting our meals on October 8th. Lunches will be available on most Wednesday's from October through May. This year we are making some changes, due to tariff pricing and availability of some items, we are going to offer a refined menu.

We will offer a salad and a soup one week and a sandwich and soup the next. This will be a rotating schedule. As always, we will offer a cookie for dessert and the addition of a buttercream mint to complete your meal.

The White Crane Box Lunches support programs at Bond County Senior Center, such as Meals on Wheels and the many activities that are provided to our community. We are currently delivering 2,016 meals a month. The cost to prepare each Home Delivery Meal is \$11.09. Many of the residents in our community are not able to afford to pay for the meals. This is where your help comes in, you can purchase your lunch for the day and help buy a meal for a senior member of our community.

This year our pricing will be as follows:

Sandwich or Salad \$10.00

Soup 8oz.cup \$ 6.00

Meal Deal Sandwich or Salad and Cup of Soup \$15.00

Cookie \$ 1.75

With the economy and the budget cuts we are struggling to met the needs of our homebound residents. Your help is more important than ever!

The graceful white crane lends its name to the catering service whose proceeds benefit the work of Bond County Senior Center. Because of its long lifespan, the white crane symbolizes life, longevity, health, and vitality, all goals the Center seeks to support through its programs.



White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us **by 11:00 am** on the Tuesday preceding Wednesday delivery. You may choose to pick it up at the Senior Center or have your lunch delivered by a volunteer who shares your desire to support our programs.

October 2025

October 8th:

Mandarin Orange Salad - Chopped iceberg, romaine, and spinach with mandarin oranges, shredded cheese, parmesan cheese, and toasted walnuts; served with our very own Sweet Italian Drizzle dressing. Seasoned flat bread crackers and honey butter spread on the side.

Soup – Cream of Broccoli Soup - This soup is made with garden -fresh broccoli florets in a rich broth that features whole milk, half-and-half and real butter

Lemon Blueberry Cookie

October 15th:

Chicken Salad Sandwich - Chopped white meat chicken mixed with cranberries, pineapple, celery, grapes and walnut pieces served on a croissant with pasta salad on the side.

Chicken Salad by the Pound – Chicken salad will be available by the pound for delivery.

Soup – Chicken Noodle - This classic soup features tender cuts of white chicken, coupled with thick egg noodles, carrots, onions, and celery inside of a rich, homestyle chicken broth.

White Chocolate Macadamia Nut Cookie

October 22nd:

Santa Fe Salad – Chopped romaine and iceberg lettuce, grilled chicken breast strips, shredded Monterey jack cheese, chopped tomatoes and green onions. Served with tortilla strips and Southwest Ranch dressing on the side.

Soup – Chicken Tortilla - This spicy Southwestern broth is loaded with diced tomatoes, chicken, kidney beans, green chili peppers, onions, carrots, and corn tortillas.

Snickerdoodle Cookie

October 29th:

Ham & Swiss Sandwich – Sliced ham with Swiss cheese on a Hawaiian bun with honey mustard, mayonnaise, lettuce and tomato with Potato Salad on the side.

Soup – California Medley Soup – This soup is loaded with broccoli, cauliflower, onions and carrots that are simmered together in a heavy cream base with American cheese.

Chocolate Chunk Cookie

Thank you for your support

Please see reverse side for order form.

**Due to supply chain issues, menu is subject to change. We apologize for the inconvenience.*



Order Form October 2025

Please e-mail your order to nutrition.spec@bondsensors.org. Be sure that the subject line includes your **business name & White Crane order** or it might be deleted. Fax orders to **618-664-1478**. You may call your order to **664-1465 x104**. Either way, **we need your order by 11:00 a.m. the Tuesday** before you would like to receive your White Crane Business Express lunch.

Business Name _____

Address _____ Fax _____

Contact Person _____ Phone _____

E-Mail _____

Wednesday, October 8 Subtotal **October 8 Total** _____

Mandarin Orange Salad _____ @\$10.00 _____

Cream of Broccoli Soup 8oz. _____ @\$ 6.00 _____

Thank you for your order!

Lemon Blueberry Cookie _____ @\$ 1.75 _____

Lunch Combo _____ @\$15.00 _____

Wednesday, October 15 Subtotal **October 15 Total** _____

Chicken Salad Sandwich _____ @\$10.00 _____

Chicken Salad Pound _____ @\$ 8.00 _____

Chicken Noodle Soup 8 oz. _____ @\$ 6.00 _____

Thank you for your order!

White Chocolate Macadamia Nut _____ @\$ 1.75 _____

Lunch Combo _____ @\$15.00 _____

Wednesday, October 22 Subtotal **October 22 Total** _____

Santa Fe Salad _____ @\$10.00 _____

Chicken Tortilla Soup 8 oz. _____ @\$ 6.00 _____

Thank you for your order!

Snickerdoodle Cookie _____ @\$ 1.75 _____

Lunch Combo _____ @\$15.00 _____

Wednesday, October 29 # @ \$10.00 Subtotal **October 29 Total** _____

Ham & Swiss Sandwich _____ @\$10.00 _____

California Medley Soup 8 oz. _____ @\$ 6.00 _____

Thank you for your order!

Chocolate Chunk Cookie _____ @ 1.75 _____

Lunch Combo _____ @\$15.00 _____