



White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us by 11:00 am on the Tuesday preceding Wednesday delivery. You may choose to pick it up at the Senior Center or have your lunch delivered by a volunteer who shares your desire to support our programs.

## October 2024

### October 9th:

**Bacon Blitz Sandwich** – Smoked turkey topped with bacon and sliced cheddar cheese on a brioche sub bun with sun-dried tomato spread with a mini mandarin orange salad on the side.  
**Mandarin Orange Salad** – Chopped iceberg, romaine, and spinach with mandarin oranges, shredded cheese, parmesan cheese, and toasted walnuts; served with our very own Sweet Italian Drizzle dressing. Seasoned flat bread crackers and honey butter spread on the side.  
**Lemon Blueberry Cookie**

### October 16th:

**Chicken Salad Sandwich** - Chopped white meat chicken mixed with cranberries, pineapple, grapes and walnuts served on a croissant with a mini berry salad on the side.  
**Chicken Salad by the Pound** – Chicken salad will be available by the pound for delivery.  
**Sweetheart Berry Salad** – Chopped Iceberg, Romaine and Baby Spinach with sliced chicken breast, sliced strawberries, blueberries, feta cheese and candied pecans. Served with Raspberry Vinaigrette dressing, bread accompaniment and seasoned spread.  
**White Chocolate Macadamia Nut Cookie**

### October 23rd:

**Italian Beef Sandwich** – Sliced Italian roast beef (in a separate microwavable container) served on a hoagie bun with provolone cheese with pepperoncini with horseradish sauce and mayonnaise on the side and potato chips.  
**Santa Fe Salad** – Chopped Romaine and Iceberg lettuce, grilled chicken breast strips, shredded Monterey Jack cheese, chopped tomatoes and green onions. Served with tortilla chips and Southwest Ranch dressing on the side.  
**Snickerdoodle Cookie**

### October 30th:

**Ham & Swiss Sandwich** – Slices ham with Swiss cheese on a Hawaiian bun with honey mustard, mayonnaise and a mini green salad with Raspberry Vinaigrette dressing.  
**Cobb Salad** – Chopped Romaine and Iceberg lettuce with chicken breast strips, bacon crumbles, hard-boiled egg, tomato and bleu cheese crumbles. Served with Raspberry Vinaigrette dressing, bread accompaniment and seasoned spread.  
**Chocolate Chunk Cookie**

***Thank you for your support.***

***Please see reverse side for order form.***

\*Due to supply chain issues, menu is subject to change. We apologize for the inconvenience.



## Order Form for October 2024

Please e-mail your order to [nutrition.spec@bondseniors.org](mailto:nutrition.spec@bondseniors.org). Be sure that the subject line includes your **business name & White Crane order** or it might be ignored. Fax orders to **618-664-1478**. You may call your order to **664-1465 x104**. Either way, **we need your order by 11:00 am the Tuesday** before you would like to receive your White Crane Business Express lunch. We appreciate your continued support of this important fundraiser.

**Business Name** \_\_\_\_\_

**Address** \_\_\_\_\_ **Fax** \_\_\_\_\_

**Contact Person** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Delivery Time** \_\_\_\_\_ **E-Mail** \_\_\_\_\_

**Wednesday, October 9**      **# @ \$8.00**      **Subtotal**      **October 9 Total** \_\_\_\_\_

Bacon Blitz \_\_\_\_\_

Mandarin Orange Salad \_\_\_\_\_

*Thank you for your order!*

Lemon Blueberry Cookie \_\_\_\_\_ @ 1.50 \_\_\_\_\_

**Wednesday, October 16**      **# @ \$8.00**      **Subtotal**      **October 16 Total** \_\_\_\_\_

Chicken Salad Sandwich \_\_\_\_\_

Chicken Salad by Pound \_\_\_\_\_ **# of lb(s) @ \$7.00**      \_\_\_\_\_ **Subtotal**

*Thank you for your order!*

Sweetheart Berry Salad \_\_\_\_\_

White Chocolate Macadamia Cookie \_\_\_\_\_ @ 1.50 \_\_\_\_\_

**Wednesday, October 23**      **# @ \$8.00**      **Subtotal**      **October 23 Total** \_\_\_\_\_

Italian Beef Sandwich \_\_\_\_\_

Santa Fe Salad \_\_\_\_\_

*Thank you for your order!*

Snickerdoodle Cookie \_\_\_\_\_ @ 1.50 \_\_\_\_\_

**Wednesday, October 30**      **# @ \$8.00**      **Subtotal**      **October 30 Total** \_\_\_\_\_

Ham & Swiss Sandwich \_\_\_\_\_

Cobb Salad \_\_\_\_\_

*Thank you for your order!*

Chocolate Chunk Cookie \_\_\_\_\_ @ 1.50 \_\_\_\_\_

***Thank you for your support!***

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