



White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us by 12:00 pm on the Tuesday preceding Wednesday delivery. You may choose to pick it up at the Senior Center or have your lunch delivered by a volunteer who shares your desire to support our programs.

February 2023

February 1

Chicken Salad Sandwich – Chopped white meat chicken mixed with cranberries, pineapple, grapes and walnuts served on a croissant with a small green salad with raspberry vinaigrette dressing on the side.

Spinach Craisin Salad – Toasted walnuts and craisins on a bed of romaine lettuce with spinach, shredded Monterey jack cheese, diced celery, and raspberry vinaigrette dressing. Served with a bread accompaniment and butter spread.

Monster Cookie

February 8

Honey Smoked Turkey Sandwich – Honey smoked turkey piled between two rounds of bacon and cheddar cheese slices served on a pretzel bun with herbed mayo, lettuce, tomato & pickle on the side. A mini spinach salad with shredded cheddar, diced tomato & raspberry walnut vinaigrette.

Harvest Salad – Toasted Walnuts, craisins, feta cheese, tomato, avocado and red onion on a bed of baby spinach with raspberry walnut vinaigrette. Bread accompaniment with spread on the side.

Deluxe Sugar Cookie

February 15

Memphis Club – Smoked turkey, black forest ham, and roast beef, provolone, leaf lettuce & tomato on ciabatta roll with mayo and spicy brown mustard on side. Green salad with strawberry poppyseed drizzle.

Sweetheart Berry Salad – A spring and baby spinach mix with sliced chicken breast, sliced strawberries, blueberries, candied pecans and parmesan cheese. Served with our strawberry poppyseed drizzle. Rustic roll and basil spread.

Snickerdoodle Cookie

February 22

BBQ Pulled Pork Sandwich – (in a separate microwavable container) with a kaiser roll, lettuce, tomato and pickle garnish, and a mini green salad with parmesan peppercorn dressing on the side.

BBQ Chop Chicken Salad – Shredded iceberg and romaine lettuce with black beans, white corn, chopped tomatoes and shredded cheese with BBQ chopped chicken served with tortilla strips and parmesan peppercorn dressing on the side.

Peanut Butter Cup Cookie

Thank you for your support!



Please see reverse for order form



Order Form for February 2023

Please e-mail your order to jill.dugan@bondseniors.org Be sure that the subject line includes your **business name & White Crane order** or it might be deleted. Fax orders to **618-664-1478**. You may call your order to **664-1465 x104**. Either way, **we need your order by 12:00 pm the Tuesday** before you would like to receive your White Crane Business Express lunch.

Business Name _____

Address _____ **Fax** _____

Contact Person _____ **Phone** _____

Delivery Time _____ **E-Mail** _____

Wednesday, February 1	# @ \$8.00	Subtotal	February 1 Total _____
Chicken Salad Sandwich	_____	_____	
Spinach Craisin Salad	_____	_____	
Chicken Salad by Pound	_____ # of Lb(s) @ \$7.00	_____	<i>Thank you for your order!</i>
Monster Cookie	_____ @ 1.50	_____	
Wednesday, February 8	# @ \$8.00	Subtotal	February 8 Total _____
Honey Smoked Turkey Sandwich	_____	_____	
Harvest Salad	_____	_____	<i>Thank you for your order!</i>
Deluxe Sugar Cookie	_____ @1.50	_____	
Wednesday, February 15	# @ \$8.00	Subtotal	February 15 Total _____
Memphis Club Sandwich	_____	_____	
Sweetheart Berry Salad	_____	_____	<i>Thank you for your order!</i>
Snickerdoodle Cookie	_____ @1.50	_____	
Wednesday, February 22	# @ \$8.00	Subtotal	February 22 Total _____
BBQ Pulled Pork Sandwich	_____	_____	
BBQ Chop Chicken Salad	_____	_____	<i>Thank you for your order!</i>
Peanut Butter Cup Cookie	_____ @ 1.50	_____	

Thank you for your support!

*Due to supply chain issues, menu subject to change. We apologize for the inconvenience.