

White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us <u>by 12:00 pm</u> on the Tuesday preceding Wednesday delivery. You may choose to enjoy your lunch at the Center, in our dining room; pick it up; or have your lunch delivered by a volunteer who shares your desire to support our programs.

DECEMBER 2023

December 6:

<u>Buffalo Chicken Wrap</u> – Chicken tenders, lettuce, carrot, avocado, and cheddar cheese in a wrap with buffalo sauce and bleu cheese drizzled in the wrap and served with a mini green salad with parmesan peppercorn dressing on the side.

BBQ Chop Chicken Salad – Shredded iceberg and romaine lettuce with black beans, white corn, chopped tomatoes and shredded cheese with BBQ chopped chicken served with tortilla strips and parmesan peppercorn dressing on the side **Salted Caramel Crunch Cookie**

Salted Caramel Crunch Co

December 13:

<u>Roast Beef w/Cheddar</u> – Roast beef between slices of white cheddar cheese served on an onion bun with lettuce, tomato, horseradish sauce & mayo on the side. Served with a mini green salad with ranch dressing.

<u>Chef Salad</u> – Chopped romaine and iceberg lettuce with carrots, celery, hardboiled egg, tomato, turkey and ham, shredded cheddar cheese with ranch dressing on the side. Roll and garlic spread served on the side.

Peanut Butter Cup Cookie

December 20:

<u>Seafood Salad Sandwich</u> – Crab meat mixed with green onions, celery, spices, and mayonnaise served on a lobster roll with mayo and mustard packets. Served with a mini green side salad with walnut raspberry vinaigrette dressing on the side.

<u>Mandarin Orange Salad</u> – Chopped iceberg, romaine, and spinach with mandarin oranges, shredded cheese, parmesan cheese, and toasted walnuts; served with our very own Sweet Italian Drizzle dressing. Seasoned flat bread crackers and honey butter spread on the side. **Lemon Blueberry Cookie**

December 27th: No White Crane due to the Christmas Holiday, but....

No time to bake cookies? We can help. During the entire month of December, call to place an order for your favorite cookie or cookies: Lemon Blueberry, Salted Caramel, Chocolate Chunk, Butter Pecan Toffee, Peanut Butter Cup, White Chocolate Macadamia Nut, Deluxe Sugar, or Monster. Please call a minimum of three days before pick up.

Thank you for your support!

*Due to supply chain issues, menu subject to change. We apologize for the inconvenience.







Order Form December 2023

Please e-mail your order to **nutrition.spec@bondseniors.org**. Be sure the subject line includes your **business name & White Crane Order** or it might be deleted. Fax orders to **618-664-1478**. You may call your order to **664-1465**. Either way, **we need your order by 12:00 pm** the Tuesday before you would like to receive your White Crane Business Express lunch.

Business Name			
Address		Fax	
Contact Person	Phone		······
Delivery Time	E-Mail		
Wednesday, December 6	#@\$8.00	Subtotal	December 6 Total
Buffalo Chicken Wrap			
BBQ Chop Chicken Salad			Thank you for your order!
Salted Caramel Crunch Cookie	@ 1.50		
Wednesday, December 13	#@\$8.00	Subtotal	December 13 Total
Roast Beef w/Cheddar			
Chef Salad			Thank you for your order!
Peanut Butter Cup Cookie	@ 1.50		
Wednesday, December 20	#@\$8.00	Subtotal	December 20 Total
Seafood Salad Sandwich			
Mandarin Orange Salad			Thank you for your order!
Lemon Blueberry Cookie	@ 1.50		
ENTIRE MONTH OF DECEMBER	R:		Cookie Order Total
Lemon Blueberry Cookie Salted Caramel Crunch Cookie Chocolate Chunk Cookie Butter Pecan Toffee Cookie Peanut Butter Cup Cookie White Choc. Macadamia Nut Deluxe Sugar Monster Cookie	@ 1.50 @ 1.50 @ 1.50 @ 1.50 @ 1.50 @ 1.50 @ 1.50 @ 1.50		Pick Up Date:

*Cookie order of 18 or more, \$1.00/cookie