

White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us by 12:00 pm on the Tuesday preceding Wednesday delivery. You may choose to enjoy your lunch at the Center, in our dining room; pick it up; or have your lunch delivered by a volunteer who shares your desire to support our programs.

April 2024

April 3

<u>Chicken Salad Sandwich</u> – Chopped white meat chicken mixed with cranberries, pineapple, grapes and walnuts served on a croissant with a mini green salad with raspberry walnut vinaigrette dressing on the side.

<u>Chicken Salad by the Pound</u> – Chicken salad will be available by the pound for delivery. <u>Cobb Salad</u> – Chopped romaine and iceberg lettuce with chicken breast strips, bacon, egg, tomato and bleu cheese served with raspberry walnut vinaigrette, bread accompaniment and seasoned spread.

Lemon Blueberry Cookie

April 10

<u>Meatball Sub Sandwich</u> – Meatballs in sauce (in a separate microwavable container), provolone cheese on a subway roll with lettuce and pickle garnish and a mini green salad with Chipotle Ranch dressing on the side

<u>Santa Fe Salad</u> – Chopped romaine and iceberg lettuce, grilled chicken breast strips, shredded cheese, Monterey jack cheese, tomatoes and green onions. Served with tortilla strips and Chipotle Ranch dressing on the side.

White Chocolate Macadamia Nut

April 17

<u>Bacon Blitz Sandwich</u> - Smoked turkey piled with bacon, topped with a slice of cheddar cheese, on a pretzel roll with sun-dried tomato spread with a mini Greek side salad.

<u>Greek Salad</u> – Cucumber, red onion, grape tomatoes, olives and feta cheese tossed in a vinegar Greek dressing, bread accompaniment and seasoned spread.

Chocolate Chunk Cookie

April 24

<u>Little Italy</u> - Salami, capicola ham and pepperoni with a slice of provolone cheese on a croissant with basil spread and a mini green salad with Italian dressing on the side.

<u>Italian Salad</u> – Chopped romaine and iceberg lettuce with sliced salami, pepperoni, and capicola ham, shredded Monterey jack cheese, grape tomatoes, black olives, and pepperoncini. Served with Italian dressing, bread accompaniment and seasoned butter spread on the side.

Peanut Butter Cup Cookie

Please see reverse for order form

Thank you for your support!

*Due to supply chain issues, menu subject to change. We apologize for the inconvenience.



Order Form April 2024

Please e-mail your order to **nutrition.spec@bondseniors.org**. Be sure the subject line includes your **business name & White Crane Order** or it might be deleted. Fax orders to **618-664-1478**. You may call your order to **618-664-1465**. Either way, **we need your order by 12:00 pm the Tuesday** before you would like to receive your White Crane Business Express lunch.

Business Name			
Address		Fax	
Contact Person	P	hone	
Delivery Time	E-Mail		
Wednesday, April 3	#@\$8.00	Subtotal	April 3 Total
Chicken Salad Sandwich			
Cobb Salad			Thank you for your order!
Chicken Salad by Pound	# of Lb(s) @ \$7.00		
Lemon Blueberry Cookie	@ 1.50		
Wednesday, April 10	#@\$8.00	Subtotal	April 10 Total
Meatball Sub Sandwich			
Santa Fe Salad			Thank you for your order!
White Choc Macadamia Nut Cookie	@ 1.50		
Wednesday, April 17	#@\$8.00	Subtotal	April 17 Total
Bacon Blitz Sandwich			
Greek Salad			Thank you for your order!
Monster Cookie	@ 1.50		
Wednesday, April 24	#@\$8.00	Subtotal	April 24 Total
Little Italy Sandwich			
Italian Salad			Thank you for your order!
Snickerdoodle Cookie	@ 1.50		

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