Upcoming Seminar:

**Snoring and Sleep Apnea: Treatment and Options**

- Do you or your spouse snore?
- Are you tired and fatigued during the day?
- Do you fall asleep in the afternoon after a meal?
- Have you tried a CPAP machine and could not tolerate it?
- Did you know an oral appliance to treat sleep apnea is covered by Medicare?

Learn more about sleep disorders and the options for treatment including an oral appliance.

**Tuesday September 6, 10:45AM**

**Location: BOND COUNTY SENIOR CENTER**

Presented by:

Matthew J. McCullough DMD